

SELF AUDIT EXERCISE

S.E.A.C/ NGAGE PRE-CHECKLIST

ONE 2 ONE ACTIVITY

AIM :

This pre-checklist has been developed as part of the SEAC programme and is used as a needs/ risk assessment. Ideally a worker could complete an Ngage assessment with the young person, which is a holistic assessment of every area of that young person's life. This pre-checklist has been developed as 'lite' version which can be completed by a young person individually or discreetly in a group.

The areas on the worksheet that the young people tick as relating to their life will form the basis of your discussion and further work.

INSTRUCTIONS FOR FACILITATORS :

This self audit should ideally be completed by the individual during a one to one session. Ask the young person to consider each box on the worksheet and, if it relates to his or her life, tick the circle in the corner of that box.

This can be completed during a one to one session, given to the young person to complete at home and bring back in an envelope or can be completed in a group setting. If you are conducting this as a group activity, ensure you explain to the group that their responses are private and they are not going to be discussed within the group. You can give each young person an envelope to put his or her completed assessment in or provide a ballot box for them to put their folded assessments in, you should ensure they have plenty of space to complete the exercise where others cannot see their responses.



Nottingham
City Council



It's in my life..

Name:

Confidential



confidence



using drugs



hobbies/interests



meeting people
online



trouble with the
police



doing sex stuff



health problems



getting drunk



adults using
drugs or alcohol



lost someone
close



drug dealing



anxiety or
depression



good friends



bullying



violence

We will only speak to you in private about these issues - they will not be shared with the group

NGAGE
SEAC
precheck