

DRUG PICTURE CARDS

The drug picture cards can be used creatively within group work. Some suggested exercises are listed below, but you can use the cards to create your own

GROUP ACTIVITY

- Matching cards to names - spread the pictures of drugs out on the floor and ask the group which drugs they recognise, or if they can match the picture of the drug to the drug name. This exercise can be used to gauge the level knowledge of the group you are working with or as a basic awareness-raising session.
- Sorting exercises - in order to stimulate discussion; you could ask the group to sort the cards into lines, e.g.
 - Most harmful to least harmful. Then ask the group why they made their decisions, if they all agree or why they disagree, and explore why they consider some to be more harmful than others.
 - Drugs which are most commonly used to drugs least commonly used.
 - Grouped into their legal categories (Class A, B, C)
 - Legal/illegal or what drugs should be legalised and what should not. You could set the group the task of being the new advisory drugs council for the government. What would they recommend? Would they legalise any drugs? would they make any illegal that are currently legal?
- Drugs adults use/drugs young people use - ask the group to split the drugs cards into drugs adults tend to use, and then drugs which young people tend to use. Ask the group why they think there are differences? Are young people's reasons for using drugs different to adults?
- Drugs and their effects - group the pictures of drugs into categories according to what effect they have on the body, e.g. stimulants, depressants, hallucinogens, or uppers, downers and mind altering.

Resources:

Drug picture cards. These can be borrowed from the resource centre at Aspect House (most drug education packs contain them) or you can make your own



Nottingham
City Council